

Safe Driving Consultations

What is An Off-Road Clinical Driver Evaluation?

An Off-Road Clinical Driving Evaluation is completed by an occupational therapist that is trained to assess physical, visual, and mental abilities required for safe driving. This is a helpful tool for older adults who may have had a change in medical status, recent illness or changes in thinking related to dementia.

Hebrew SeniorLife's safe driving program is designed specifically to assess the driving needs of older adults based on current research as well as recommendations from the American Occupational Therapy Association, National Highway Traffic Safety Administration, AAA, AARP and current state regulations.

The Off-Road Clinical Driver Evaluation typically includes the following:

- Review of driving history, driving needs, and license status
- Review of medical history and medications
- Visual-perceptual and cognitive assessments
- Assessment of sensory-motor abilities, which may include range of motion, strength, coordination, balance, sensation, or reaction time
- Determination of readiness for On-Road Driver Evaluation
- Identification of alternative means of transportation

What happens after the evaluation?

Based on the evaluation, the therapist may make recommendations about strategies, specialized equipment, and training to improve your driving safety and your overall health and well-being. At times, further health professional evaluations or a referral to an On-Road Driver Evaluation is recommended.

For more information about Hebrew SeniorLife's Off-Road Clinical Driver Evaluation program, or to schedule an appointment call NewBridge on the Charles Outpatient Therapy at 781-234-9630 or Hebrew Rehabilitation Center Outpatient Therapy at 617-363-8539.