



Outpatient Therapy Services

Hebrew SeniorLife

Getting back to your best you

Hebrew Rehabilitation Center, an affiliate of Harvard Medical School, is recognized nationally as a leader in the care of older adults. Our health care services reflect our dedication to rethinking, researching, and redefining the possibilities of aging. By asking what matters most to you, we can provide care focused on your individual preferences and goals. Our goal is to empower you to live your best life, as you define it.

About Our Experts

Hebrew Rehabilitation Center's outpatient therapists are geriatric specialists and have earned some of the highest designations in their fields. Our professionals include certified hand therapists, orthopedic clinical specialists, and many with advanced training in the treatment of Parkinson's disease.

We specialize in adult physical therapy, occupational therapy, speech-language pathology, and audiology using state-of-the-art mobility and treatment equipment, including manual therapy, joint mobilization, and therapeutic modalities.

Specialty Programs: Solutions to Keep You Safe

- Fall prevention & Difficulty Walking
- Vestibular & Balance training
- Continence Improvement
- Safe Driving Consultations
- Osteoporosis Management
- Pain Management
- Voice/Language Retraining
- Joint Replacement Rehab
- LSVT Big and Loud for Treatment of Parkinson's Disease
- Orthopedic Pre-Op Treatment
- Arthritis Management
- Vertigo Relief Techniques
- Lymphedema Management
- Low-Vision Consultations
- Cognitive Retraining
- Post-Op Recovery
- Stroke Management
- Sports Injuries
- Muscle and Joint Pain/Stiffness

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617-363-8539

www.hebrewseniorlife.org

The Power to Redefine Aging.

