

LOWBUSH BLUEBERRY

Vaccinium angustifolium



Family:	Heath
Native to:	Northeastern Canada/USA
Hardiness Zones:	2 to 6
Bloom Time:	May -June
Height:	2 to 24 inches
Leaf:	blue-green in summer variety of reds in fall
Bloom:	white, bell-shaped
Fruit:	small, sweet dark blue/black

DECIDUOUS SHRUB

Culture:

The rhizomes can lie dormant up to 100 years, and when given the adequate amount of sun light, soil moisture and oxygen content they will sprout. Traditionally, blueberry growers burn their fields every few years to get rid of shrubs and fertilize the soil. In French Arcadian, a blueberry field is known as a *brûlis* (from *brûlé* 'burnt') because of that technique, which is still in use.

Did you know?

Gustifolium is a combination of the Latin words [*angustum*](#) meaning 'narrow', and [*folium*](#) meaning 'leaf'. These plants are usually self-pollinating.

The lowbush blueberry is the state fruit of Maine and the Nova Scotian Provincial Berry.

Wild blueberries are high in antioxidants which have many health benefits including anti-aging effects, cancer-inhibiting properties, heart health, urinary tract health, vision health.

Provides nesting areas and food for birds.

