

Catmint

Nepeta faassenii "Walker's Low"



Family:	Mint
Native to:	Caucasus, Iran
Hardiness Zones:	4 to 8
Bloom Time:	April to September
Height:	2.00 to 2.50 feet
Spread:	2.50 to 3.00 feet
Leaf:	Fragrant when crushed/bruised
Bloom:	Lavender blue

HERBACEOUS PERENNIAL

Culture:

Easily grown in average, dry to medium, well-drained soils in full sun to part shade, very tolerant of drought. The plant tolerates deer and air pollution.

Shear flower spikes after initial flowering to promote continued bloom. 'Walker's Low' must be propagated by division because seeds are sterile.

Did you know?

Genus name comes from the Latin name for aromatic plants that include catmint. It may honor the city of Nepete (known as Nepi today) located north of Rome in Etruria which was the ancient country located between the Arno and Tiber Rivers and was recognized, prior to the rise of Rome, as the center of the Etruscan civilization.

Although *Nepeta cataria* is the true catnip which drives house cats ecstatic, the leaves of this species are also attractive, though somewhat less enticing to cats.